

Now, you can get care from your doctor—wherever you are

If it doesn't require an in-person medical exam, you may be able to address it with a doctor using a video visit through the Kaiser Permanente application (App) on your smart phone or tablet.

Some examples of possible symptoms:

- Cough/Cold
- Sore Throat
- Vomiting
- Eve Problem
- Diarrhea
- Skin Problem
- Follow up Visits

When you call us, we will:

- Confirm you've had at least one face-to-face visit with us
- Make sure you have a symptom that can be treated via video visit
- Make sure you have a smart phone or tablet with a front facing camera and the Kaiser Permanente Mobile Application

Stay On Top Of Your Health

- Register at kp.org and set a username and password
- 2. Download the KP Mobile App to your smartphone at no cost from your preferred app site





Video Appointments available Monday—Friday Appointment Center Open 7 Days a Week; 7 a.m. to 7 p.m. Call to make an appointment: 1-800-290-5000

*Video appointments are not appropriate for emergency conditions, such as severe shortness of breath, severe abdominal pain, severe bleeding, or urgent conditions—like sprains, falls, or cuts needing stitches.

If you reasonably believe you have an emergency medical condition, which is a medical or psychiatric condition that requires immediate medical attention to prevent serious jeopardy to your health, call 911 or go to the nearest emergency department.