

# WORRIED YOU MIGHT HAVE COVID-19?

Cigna is here to help.

If you believe you are sick with COVID-19, we're here with useful tools and resources to help you access the care you need when you need it.

## First things first: check your COVID-19 symptoms

Use the **Buoy for Cigna Symptom Checker** to determine if you are at risk for COVID-19. If you're experiencing symptoms, we'll help guide you to next best steps for care.

## Connect with a provider: you have options

Cigna is waiving out-of-pocket costs\* for COVID-19 visits, whether you go to a primary care provider (PCP), urgent care center or local health department or you use virtual care. Virtual medical care is the most convenient and safest way to get the medical attention you may need without leaving home. Contact your PCP, or connect with a virtual care provider on **myCigna.com**.

CHECK SYMPTOMS

FIND IN-NETWORK CARE

CONNECT NOW

## A note about antibody tests

Serology tests detect the presence of antibodies produced after exposure to the virus. However, it remains uncertain whether individuals with antibodies are protected against reinfection with COVID-19; therefore, the CDC does not recommend serology tests to determine when it is safe for a person to return to work.

## Access testing if you need it

Cigna is waiving out-of-pocket costs for **FDA-approved COVID-19 diagnostic (PCR and antigen testing) tests**.

### Visit a COVID-19 testing center

Your provider will help you determine if you need testing and, if so, where to go.

You may also search online by typing "COVID-19 testing sites near me" in your internet browser.

### Access COVID-19 testing at home

Self-initiated at-home specimen collection kits that are FDA-approved (such as the Pixel by LabCorp testing kit) will be covered by Cigna (cost share waived). To order the Pixel by LabCorp test kit, go to <https://www.pixel.labcorp.com/at-home-test-kits/covid-19-test>.

- ▶ Complete an online screening.
- ▶ Provide your Cigna insurance information.
- ▶ LabCorp will mail your specimen kit to you.
- ▶ Collect your own specimen by following the detailed instructions.
- ▶ Return the kit to LabCorp using the prepaid mailer.

*Results are available 1-3 days after sample is received at lab. Must be 18 or older. Not available in Puerto Rico.*



For up-to-date information and resources, visit our COVID-19 Resource Center at [Cigna.com/COVID19](https://www.cigna.com/COVID19).

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

\*This COVID-19 treatment policy applies to customers in the United States who are covered under Cigna's employer-union-sponsored insured group health plans, insured plans for US-based globally mobile individuals, and Medicare Advantage and Individual and Family Plans (IFP). Cigna will also administer the waiver to self-insured group health plans, and the company encourages widespread participation, although these plans will have an opportunity to opt out of the waiver option. Through October 31, 2020.

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